

Region 2 6A Meet Marked by Speed, School Records & State Qualification



by: Amy Chadwell Hunt

This past weekend the PHS Varsity Swim and Dive teams faced fierce competition at the Region 2 6A meet at the Lewisville ISD Westside Aquatic Center. The meet kicked off Thursday afternoon for the Dive Team. High level competition meant divers had to bring their best combination of dives and precise execution to the water. And the results reflected their effort with 39 points on the girl's side and 9 points on the boy's side. Haley Fein and Emily Rothacker finished in the top 8. We had a chance to speak with Coach Marchand after the meet as she shared her thoughts on the season. "I was very proud of our divers' performance at the Regional Meet. Having our entire District dive team advance to Regionals was a huge accomplishment. To then have two athletes place in the top eight, against very high level competitors, was very exciting! Our divers' successes are a testament to their continuous hard work and dedication." Indeed, there is no denying the commitment these athletes have to their sport. Congratulations to our PHS divers on a great season.

On Friday and Saturday, it was the Varsity Swim Team's turn to take to the water. From the opening 200 Medley Relay race it was clear that this meet was going to be incredibly fast. Just qualifying for finals required swimmers to put in heroic swims. Through it all, fans witnessed first-hand the character and sportsmanship which the athletes, representing their respective schools, exemplified on deck. To watch swimmers, intent on beating one another in the water, share

Next Stop: Austin, TX

UIL State Swim Meet

Feb 14th - 15th, 2020



Regional Diving Results:

Haley Fein - 7th Place
 Emily Rothacker - 8th Place
 Shaelyn Haiman - 9th Place
 Kalee Morgan - 10th Place

 Ryan Dimmick - 9th Place



Women's Swimming Results:

200 Free

Maddie Lesko - 9th Place
 Sabrina Giachini - 12th Place

100 Free

Maddie Lesko - 11th Place

400 Free Relay - 9th Place

Sabrina Giachini, Miku Yoshioka,
 Jocelyn Hayes, Maddie Lesko

Men's Swimming Results:

200 Medley Relay - 4th Place

Ethan Hogan, Saxon Boring,
 Mithuun Ramesh & Justice Hunt

200 Free Relay - 5th Place

Kadence Griffin, Saxon Boring,
 Sam Taylor and Lane White

400 Free Relay - 3rd Place

Lane White, Sam Taylor,
 Mithuun Ramesh & Justice Hunt

200 Free - Justice Hunt - 4th

200 IM - Kadence Griffin 8th, Saxon Boring 16th

50 Free - Lane White - 5th

100 Fly - Mithuun Ramesh - 5th

100 Free - Justice Hunt 5th, Lane White 6th

100 Back - Ethan Hogan - 3rd

100 Breast- Mithuun Ramesh -6th

high-fives and handshakes while congratulating each other on their performances at the finish was a true privilege.

At the close of Friday Prelims, EVERY swimmer competing for PHS had made it to Finals. What an accomplishment! And, to make the first day of competition even more exciting, Junior, Mithuun Ramesh had to compete in a swim-off race in the 100 Breaststroke at the end of the session when he found himself tied for 8th place. An exhausted Mithuun, whose teammates lined the deck to cheer him on, found the speed he needed to qualify for A Finals.

Swimmers returned to the pool for the Finals Session Saturday afternoon intent on trying to score as many points for their team as possible and earn a bid to the State Meet which will take place in Austin, TX February 14th-15th, 2020. The talent and speed found in Region 2 swimming means top finishes are often separated by hundredths of a second with athletes posting times which frequently set school records.

The PHS Varsity Girls, represented by Maddie Lesko, Sabrina Giachini, Miku Yoshioka, Jocelyn Hayes, Abby Griffith, Bethany Sitz, and Morgan Frazier scored 77 points and finished their season with a 12th place finish. Freshman, Maddie Lesko (11th in 100 Free & 9th in 200 Free) and Sophomore, Sabrina Giachini (12th in 200 Free) represented PHS well in their individual races and the girls came together at the end of the meet to deliver the best time of the season, 3:46.58, in the 400 Free Relay. Congratulations to the Lady Eagles.

Meanwhile, the PHS Varsity Boys represented by Ethan Hogan, Saxon Boring, Kadence Griffin, Mithuun Ramesh, Sam Taylor, Lane White, Justice Hunt, Julian Pala and Caleb Audia combined to score 210 points and take 2nd Place in the Region! Way to go Eagles! All three of the relay teams (200 Medley, 200 Free and 400 Free) set new school records on Saturday afternoon. In addition, the 400 Free Relay comprised of Lane White, Sam Taylor, Mithuun Ramesh and Justice Hunt qualified for the State Meet.



More PHS Records were set in the individual events, Noted backstroker, Ethan Hogan, a sophomore, lowered his school record in the 100 Backstroke and finished 3rd overall with a time of 52.09. Sophomore, Lane White, a strong sprinter, finished 5th overall in the 50 Free and lowered his school record with a time of 21.49. Junior, Justice Hunt, a versatile swimmer, lowered his records in the 200 and 100 Freestyle events with times of 1:41.47 and 46.81 which earned him 4th and 5th place finishes.



Speaking with Coach Milne after the Region Meet, she noted, "I am so incredibly proud of ALL of our athletes! It is truly a TEAM effort to accomplish all the things we have accomplished this season thus far! I am so impressed with the drive of the team throughout Regionals. We had many moments where they showed perseverance and persistence. Both boys and girls team gave 110%



into every one of their races and left it all in the pool. We achieved the unexpected by placing 2nd overall with our boys team. It is an accomplishment that shows how all the individual races from these athletes add up for the good of the team."

The season continues for the Varsity Eagles as the men's 400 Relay team will compete at the state meet in Austin. Go Prosper!

